MMS Product

Activator Solution (Citric Acid Solution)

The bottle that is labeled “Activator Solution” will already contain the appropriate amount of granulated activator within it, so all you are required to do is fill up the remainder of the bottle with water - and then shake well. Leave a small amount of air volume within the bottle so one can invert the bottle thus allowing the resultant bubble to assist with the dissolving of the activator.

When the activator is completely dissolved, the solution is now ready to use. Sometimes there will still be crystals present, but these are fine - as now the activator has reached the appropriate concentration.

MMS Solution (Sodium Chlorite Solution)

The bottle labelled as “Mineral Solution”, being the MMS product, is a solution of 22.4% sodium chlorite. This is a stabilized salt within solution & will effectively not break down over time - so a perfect product to store if need be. When mixed in an equal ratio with the citric acid solution then the biologically active compound chlorine dioxide is liberated (being responsible for the health benefits noted by many).

Mixing Instructions

Generally one will begin with the basic protocol 1000, which is measuring out 24 drops of MMS (Mineral Solution) & 24 drops of citric acid solution (Activator Solution), allow to activate for 30 - 40 seconds - then add this to 1 litre of water (preferably in a glass container). This is then consumed over an 8 hour period incrementally - generally taking 1/8 of the total amount each hour. Obviously one has to eat within this 8 hour period, so just do so as you feel best (though smaller meals instead of larger ones will likely be better as to allow the MMS to move through the system more quickly.

Even though lemon juice contains a little ascorbic acid (vitamin C), there is not enough to compromise the efficacy of the product, and if you do not like using the provided activator - then substituting with a liberal amount of lemon juice will be fine (3 - 4 drops of lemon juice for every 1 drop of MMS). In fact many prefer this option.

The Protocol 1000 is often the best place for most to begin - be sure to study the latest protocols & if still unsure then contact us directly & we will assist when possible.
For a further reference of additional protocols I would suggest studying the information from the link below;

https://miraclemineral.co.nz/index.cfm?fact=instructions

Ps... If the taste of the resultant solution is too unpleasant to complete the protocol, then we would suggest using the CDS solution - as it is a direct substitute for the MMS, & has more of a benign taste & a shorter protocol (in terms of hours per day).

Note: For ALL of the latest protocols please visit the official website below; www.jimhumble.is

Note: At one time this link provided all of Jim Humble's latest protocols outlined in an easy to follow format – though now as most have been updated Jim only provides his latest MMS book.

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